

The Person Collecting you will need to come to the Day Surgery Unit.

Due to the effects of the general anaesthetic, you may feel a little light headed and not clear in your thoughts or co ordination. It is important for you to follow this advice carefully, both after your operation and the following day;

- try to keep quiet and calm.
- do not drive.
- do not make any important decisions or sign any important papers.
- Do not use machinery or electrical appliances, you should not even boil a kettle.
- Be careful when doing anything that needs co ordination, for example climbing stairs.
- Drink plenty of fluids.
- Follow any other special precautions or advice that the surgeon or anaesthetist has given you.
- We will tell you if you need a follow up appointment with us.

If you would like this information in another format, i.e. large print or another language, please contact the Patient Advice and Liaison Service (PALS) department on 01793 604031

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Day Surgery Patient Information

**Day Surgery Unit
01793 60 4148**

**1st Floor, The Great Western
Hospital**

You have been told that you are going to have an operation in the Day Surgery Unit.

Before coming in for your surgery you will need to have a pre operative assessment to ensure you are medically fit to have surgery and go home on the same day. This assessment may take place on the day of your outpatients clinic appointment or you may receive a questionnaire to complete and return in the post within 7 days to the Cherwell Unit.

This will be generated by the Cherwell Unit which is situated in the Brunel Treatment Centre, on the ground floor. Their postal address is;

Cherwell Unit
The Great Western Hospital
Marlborough Road
Swindon, SN3 6BB 01793 64 6010

Before you have your operation.

Please arrange for the following things before you come into hospital;

- Make sure you have transport home. You should not use public transport following your operation. Please note that we are unable to provide hospital transport.
- Make sure a capable adult can stay with you for 24 hours following surgery.
- Make arrangements so that you can have a quiet day on the day after your operation.
- **Be sure to follow the fasting instructions given in this leaflet.**

Things to do on the day you come into hospital.

- Have a bath or shower.
- Remove Make-up, Jewellery and nail varnish

Things to bring with you.

- Any tablets, medicines or inhalers that you currently use.
- A dressing gown and your slippers.
- Something to read or a personal stereo.

It is important when you have a general anaesthetic that your stomach is empty. To be sure of this you should not eat for some time before your operation.

You Need to Follow these fasting instructions.

If your operation is in the morning;

You may have	You must not have
A cup of water before 7am	Food of any kind after midnight, or any milky drinks, tea, coffee or chewing gum

If your operation is in the afternoon;

You may have	You must not have
Before 8am you can have a light breakfast including tea & coffee. You can still have water up till 12 midday.	Food of any kind or any milky drinks, tea, coffee or chewing gum after 8am

If your operation is in the morning, you can expect to have your operation sometime between 9am & 12.30pm, as there are other patients on the same theatre list. **If your operation is in the afternoon** you can expect to go to theatre between 2pm & 6pm.

Due to limited space within the department we request that relatives do not stay with you throughout the day. However if they wish to accompany you to the department, you can say goodbye in the reception area. Please bring a contact number, and we will contact them when your surgery is complete and it is safe for you to go home.

After you operation and before you go home you will need to spend time recovering within the unit. When the staff are happy, and you are happy to go home, we will contact your lift to collect you. You can expect the recovery time to be between 2 & 5 hours, as it is a very individual thing. The latest you can expect to go home, is usually around 8pm.